

PERSONAL PEAK COACHING CALL

MINDSET/SUCCESS COACHING



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CURRENT EVENTS

10.30 2025 LIMITLESS ENROLLMENT DEADLINE



UPCOMING COACHING CALLS

10.28 COHORT CALL
with Coach Adam

11.04 PEAK PRACTICE COACHING CALL

11.12 OFFICE HOURS



USE ZOOM Q&A FOR TODAY'S QUESTIONS



RELATIONSHIP TO MONEY

LIMITLESS COACHING CALL

October 21, 2024





**SCARCITY VS.
ABUNDANCE**



Money is
SAFETY

“
Financial success
= my self-worth
”

“
Money
is evil.
”

“
People with
money are
selfish.
”

“
Making
money
gives me
meaning.
”

“
People with
money are
bad.
”

“
Money
= power
”

LIMITING BELIEFS AROUND \$\$\$

“
The early bird
gets the
worm.
”

“
Money
means I'm
okay.
”

“
More money
is better.
”

“
Mo' money,
mo' problems.
”

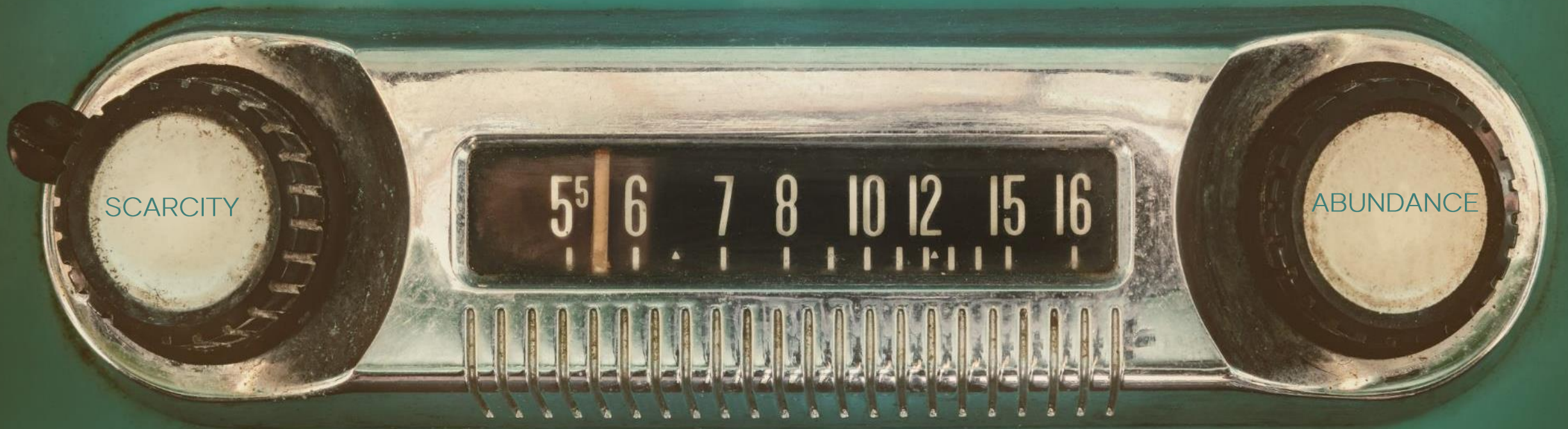
“
The more I
charge, the
more I have
to prove.
”

“
Money doesn't
grow on trees.
”

“
I must work
hard to win.
”

“
There's never
enough
money.
”

YOU CAN'T GET THERE
FROM HERE



WHAT IS YOUR NEXT BIG MONEY GOAL?



"I have to work long and hard to earn it."

Mother Teresa



"I don't need that much. If I have that much, it means..."



Jerry Maguire

"Show me the money!"

"Making money is easy for me."

"I am deserving of money."



"I feel excited and grateful when I receive money."

"Time is my most valuable asset."

"I give more back to the world when I have more money."

"Making money is fun."



"My worth is determined by how much money I make."

"If I have more, I have more to lose."

"The more I charge, the more I have to prove."

"There's never enough money."



"People with money are bad."



"Relationship to Money" Quiz: IDENTIFY & SHARE YOUR MONEY "ORIGIN STORY"



Relationship to Money Quiz
Take 15 minutes to answer the following questions, which are here to help you get clear about your relationship with money.

1. We all have a relationship with money. Describe yours.
2. What is your next up-level with money? What would that make available?
3. What was your family-of-origin's money conversation?
4. What do you make money mean about you? About other people?
5. What are your top three complaints about money?

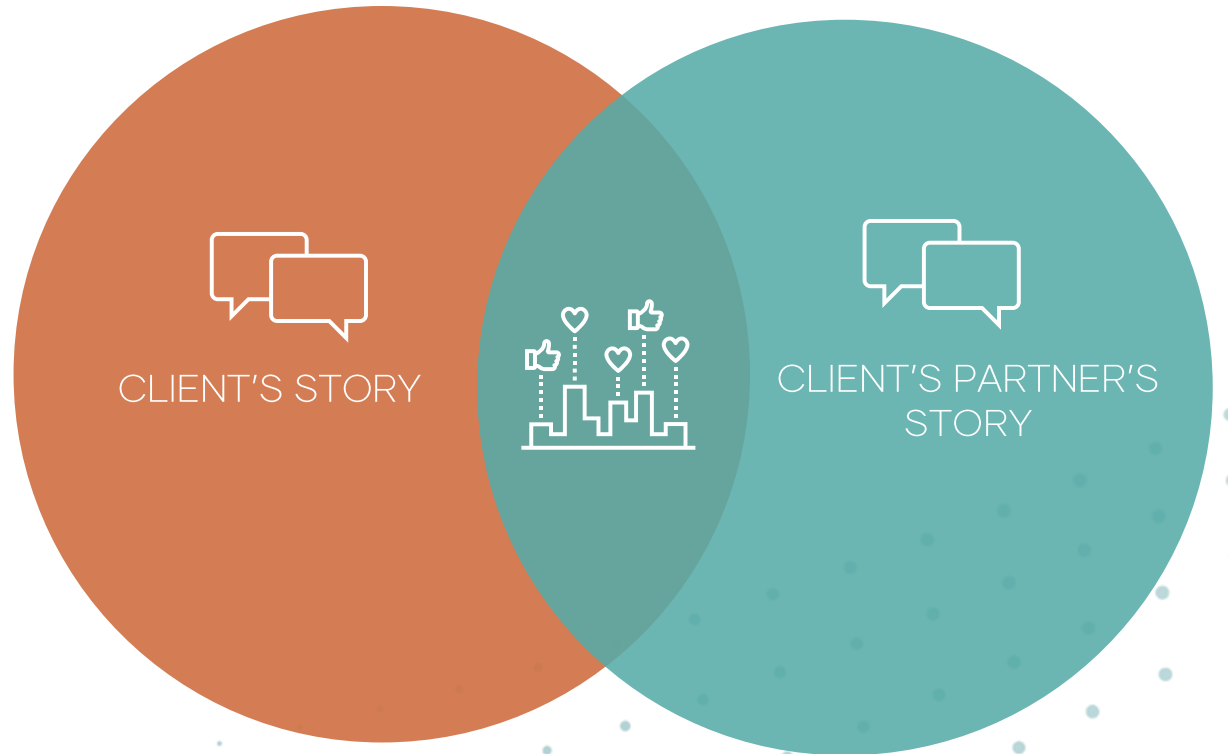
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BREAKOUTS



We all have our

MONEY STORIES



CLIENTS & MONEY

can'ts, shoulds, have-tos,
could-haves....



Know your clients have a story



Be on the lookout



Get curious



Lead forward

BEING CLEAR
ABOUT YOUR STORY

LETS YOU HEAR
THEIR STORY



CLIENT LIMITING BELIEFS
AROUND MONEY

HEAR & RESPOND

Hey, I noticed that...
And this is different from what we discussed. I'm not attached to it, but I am curious what changed.

You are investing in my services, and I want to better understand why we are changing the plan so I can serve you better.

I am hearing you say....
Can you tell me more about why that's important to you?

What do you need right now? I want to understand why we are doing it this way. What is going to create the ability for you to move forward?

Money sometimes puts people into a place where they are scared. When that happens to you and when you are no longer able to take my advice, what do you need me to do to help you?



LIMITLESS Q&A



LEARN MORE

- *You are a Badass at Making Money: Mastering the Mindset of Wealth*, Jen Sincero
- *The Soul of Money: Reclaiming the Wealth of Our Inner Resources*, Lynne Twist
- *Overcoming Underearning: A Five-Step Plan to a Richer Life*, Barbara Stanny
- *Think and Grow Rich*, Napoleon Hill



ADAPT & APPLY

- Take the "Relationship to Money" Quiz.
- Review the "7 Mindsets: Money Beliefs" resource in order to help you identify and address each of your own money stories.



TAKE ACTION

- Reframe your relationship with money to set out new, more empowering money beliefs.
- Practice continuous awareness of your money stories. Ensure you are speaking from success state versus reactive survival state.