

I Regularly Take These Actions / Do These Activities That Align With My Why, Vision, Energy...

1

2

3

I Regularly Take These Actions / Do These Activities That Do Not Align With My Why, Vision, Energy...

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If I Were Going To Stop Doing Three Things That Would Bring Me Closer To My Why, Vision, Energy...

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Stop Doing Three Things That Dilute My Why, Vision, Energy...

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2

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I Regularly Take These Actions / Do These Activities That Align With My Why, Vision, Energy...

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3

I Regularly Take These Actions / Do These Activities That Do Not Align With My Why, Vision, Energy...

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3

Start Doing Three Things That Would Bring Me Closer To My Envisioned Self & Future

1

2

3

Stop Doing Three Things That Dilute My Envisioned Self & Future

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