Success Shifter

LIMITLESS

Jan-20	GOAL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	TTL
HEALTH & FITNESS																																	
Workout 3x per week	15																																
Drink 64 oz water	31																																
7 hours of sleep	25																																
No sugar or processed foods	20																																
PROFESSIONAL GOALS																																	
COI relationship meet (2x week)	4																																
Podcast - invest 4 hrs week	16																																
Leave office by 4:00 pm	8																																
Check email (2x day only)	40																																
Fridays off	4																																
Weekly Team Huddle	4																																
Reading (1 book/week)	4																																
PERSONAL GOALS																																	
Morning routine, 10m meditation	1																																
Date night with spouse	1																																
Workout 3x week	12																																
Start painting again (2x month)	2																																
PIPELINE GOALS																																	
New followers/likes	40																																
New website visitors	20																																
New Contact Us contacts	4																																
New learn more calls	6																																
New 1st meetings	4																																
New clients	2																																
New $/AUM	$2m																																

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