

Relationship to Money Quiz

Take 15 minutes to answer the following questions, which are here to help you get clear about your relationship with money.

1. We all have a relationship with money. Describe yours.
2. What is your next up-level with money? What would that make available?
3. What was your family-of-origin's money conversation?
4. What do you make money mean about you? About other people?
5. What are your top three complaints about money?



6. What guilt or shame do you have about money?

7. Money is energy. Where are you stifling it? Where is it flowing?

8. What would you have to embrace or give up about life, self, and others if you allowed money to reflect your highest self?

9. Who are you out of communication with around money?

10. Where don't you trust money? Where are you not trustworthy with money?

